Contents

	Foreword	vii
	Acknowledgments	х
	Introduction	xii
	The Retention Connection	xv
	Loyalty Today	xvii
FAST Strategy #1	 Address Potentially Sticky Situations Head On 	1
FAST Strategy #2	◆ Allow Employees to Stretch	4
FAST Strategy #3	◆ Ask for Your Employees' Recommendations on Job-Related Problems	7
FAST Strategy #4	◆ Assess the Workplace Environment on an Ongoing Basis	10
FAST Strategy #5	◆ Be a Management Gladiator	13
FAST Strategy #6	◆ Be Available	15
FAST Strategy #7	◆ Infuse Passion and Let It Show	18
FAST Strategy #8	◆ Be Positively Unpredictable When It Counts	20
FAST Strategy #9	◆ Build Positive Alliances, Even with the Not-So-Positive	22
FAST Strategy #10	◆ Celebrate the Small Stuff	25
FAST Strategy #11	◆ Delegate, Enrich, and Empower	28

CONTENTS

FAST Strategy #12 ◆	Encourage Community Involvement, Tap into the Energy	31
FAST Strategy #13 ◆	Es, Es (or Eat, Eat)	33
FAST Strategy #14 ◆	Find Opportunities to Collaborate with Other Departments, Units, Etc.	35
FAST Strategy #15 ◆	Find Out What Motivates Employees, and Then Use It	38
FAST Strategy #16 ◆	Give Credit	42
FAST Strategy #17 ◆	Use SIMPLE Feedback	45
FAST Strategy #18 ◆	What I Like About You	49
FAST Strategy #19 ◆	Involve Employees in Decision Making Whenever Possible	51
FAST Strategy #20 ◆	Involve Employees in the Hiring Process	54
FAST Strategy #21 ◆	Hold Yourself to the Highest Standards	57
FAST Strategy #22 ◆	Communicate for Understanding	60
FAST Strategy #23 ◆	Have a Vision, Take Action	62
FAST Strategy #24 ◆	Go to Bat	65
FAST Strategy #25 ◆	Eliminate All Types of Harassment	67
FAST Strategy #26 ◆	Help Raise Your Employees' EQ and Yours Too!	69
FAST Strategy #27 ◆	Grin, Win, and Have Some Fun	72

CONTENTS

FAST Strategy #28 ◆	Develop Leaders, Not Followers	75
FAST Strategy #29 ◆	Use Recognition That Works	78
FAST Strategy #30 ◆	Mentor	81
FAST Strategy #31 ◆	Understand Coaching Responsibilities	84
	Understand How to Coach for CHANGE	86
	Establish Goals and Have Frequent Goal Meetings	92
600	Know What Your Competition Is Doing	95
	Conduct Effective Department and Team Meetings	97
	Understand Different Strategies for Dealing with Conflict	100
	Help Employees Develop a "Big Picture" Focus	104
100	Get Rid of the Fickle Finger of Blame	107
FAST Strategy #39 ◆	Lead the Change in Thinking	111
	Help Your People Adapt to Change	114
630	Look for Opportunities to Develop Employees' Skills	117
FAST Strategy #42 +	Find the Jewel (When the Clouds Are Dark)	120

CONTENTS

FAST Strategy #43 ◆	Know When to Raise the Standard Bar	123
FAST Strategy #44 +	Use Failure as a Vehicle for Success	125
FAST Strategy #45 +	Understand the Dynamics in the Organization	128
FAST Strategy #46 ◆	Give Employees Authority to Solve Problems	131
FAST Strategy #47 +	Heat Up the Iron and Then Strike While It's Hot	134
FAST Strategy #48 +	Know Your Employees' Other Sides	136
FAST Strategy #49 ◆	Be Creative to Bring in the Best and Brightest	138
FAST Strategy #50 ◆	Understand Your Own Weaknesses	140
FAST Strategy #51 ◆	Treat Your Employees Like Customers	143
FAST Strategy #52 ◆	Know How to Sustain Improvements	147
Appendix A	Implementing FAST 52 Strategies—The Process Model	153
Appendix B	52 Resources for a Better Workplace	176
	Index	183